

SPIKE BAR

A LA CARTE MENU

11.00AM - 5.00PM

STARTERS

BOWL OF OLIVES (VE, GF) (128 kcal)	£3.80
FRENCH ONION SOUP Baked with Gruyère cheese crouton (CA, GF*) (272 kcal)	£8.55
SMOKED SALMON SALAD Baby leaf salad, cucumber, pickled beetroot with honey and mustard dressing (CA, GF) (245 kcal)	£12.45
BUFFALO WINGS Buffalo hot sauce, blue cheese dip and celery sticks (CA) (441 kcal)	£10.45
SOUPE AU PISTOU A vegetable and bean soup with pistou sauce (CA, VE, GF) (325 kcal)	£9.95
TEMPURA PRAWNS Chilli jam (CA) (385 kcal)	£11.50
GOAT'S CHEESE SALAD Grilled goat's cheese, pickled red onion, olives and sun-dried tomatoes with a honey and mustard dressing (CA, V, GF) (427 kcal)	£10.00
CAESAR SALAD (starter main course) Crisp gem lettuce, croutons, Caesar dressing, shaved Parmesan and anchovies (CA, GF*) (611 kcal)	£10.85 £16.30
Add grilled marinated chicken (721 kcal)	£3.20
or Add three grilled tiger prawns (609 kcal)	£3.20

SUSTAINABILITY

The Club is dedicated to sourcing all their ingredients responsibly, supporting local and regional suppliers and selecting the best available seasonal produce where possible. Our coffee is sustainably sourced from a Fairtrade supplier, roasting small batches.

ALLERGIES

If you have a food allergy, intolerance or sensitivity, please speak to a member of our team upon placing your order.
(CA) Contains Allergens, (V) Suitable for Vegetarians, (VE) Suitable for Vegans, (GF) Gluten Free, (GF*) Gluten Free on request.
Adults need around 2000 Kcal a day. All prices include VAT at the current rate.

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MAIN COURSES

STEAK FRITES Eschalotte sauce (CA, GF) (795 kcal)	£24.95
TRADITIONAL BATTERED LINE CAUGHT COD FILLET Chunky chips, mushy peas, lemon and homemade tartare sauce (CA, GF*) (1054 kcal)	£19.75
CHEESEBURGER AND FRIES Monterey Jack, candy jalapeños, beetroot, pickled red onion, gem lettuce and classic burger sauce (CA, GF*) (1109 kcal)	£19.00
GRILLED SALMON STEAK Bouillabaisse sauce (CA, GF) (885 kcal)	£20.00
JAMBALAYA Louisiana dish of chicken, chorizo, shrimps, vegetables, rice, onion, pepper and okra (CA) (724 kcal)	£20.00
GRILLED SUPREME OF CHICKEN WITH SAUCE FORESTIERE Wild mushroom sauce, roasted new potatoes (CA) (595 kcal)	£20.00
RATATOUILLE Baked with a goat's cheese sourdough crumb topping (CA, V) (688 kcal)	£19.50

SIDES

CHUNKY CHIPS (CA, V, GF) (247 kcal)	£2.95
FRIES (CA, V, GF) (184 kcal)	£2.70
SIDE SALAD (CA, V, GF) (198 kcal)	£3.20
GREEN BEANS (CA, V, GF) (65 kcal)	£3.20
TRADITIONAL BATTERED ONION RINGS (CA, V, GF*) (304 kcal)	£2.70

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