

# Long Bar Buffet Menu

## WEDNESDAY

For any vegetarian, vegan, gluten free options, or if you have a food allergy, intolerance or sensitivity, please speak to a member of our team upon placing your order.

(CA) contains allergens, (V) vegetarian, (VE) vegan, (GF) gluten free.

### DAILY PROMOTION

Pan-Fried Scottish Salmon (CA) (732 kcal)

£50.00 for two people

Chapel Down and dill sauce, mashed potatoes and market vegetables

Includes a pint of lager per person or bottle of Club wine to share

### COLD BUFFET

Small plate selection from the buffet (Two proteins and three salads selection) (CA) £11.00

Large plate selection from the buffet (Three proteins and three salads selection) (CA) £21.00

### HOT DISHES

Soup of the Day (CA) £8.50

Jacket Potato (CA, GF) (194 kcal) £7.50

Cold buffet selection of toppings | Beans (325 kcal), Cheese (278 kcal), Tuna (261 kcal) £0.60

Cumberland Sausages (two sausages) (CA) (508 kcal) £16.00

Philly Cheesesteak Bake (CA, GF) (700 kcal) £21.00  
Roasted potatoes

Sirloin Steak and Chips (CA, GF) (809 kcal) £23.50

Roast Rib of Hereford and Aberdeen Angus Beef (CA) (540 kcal) £27.50  
Yorkshire pudding and roast potatoes

Mashed Potatoes (228 kcal per 100g), Boiled Potatoes (115 kcal per 100g), Roasted Potatoes (164 kcal per 100g),  
Yorkshire Pudding (84 kcal) and Vegetables (136 kcal)

### DESSERTS

'King's Ginger' Fruit Cake (CA, V) (404 kcal) £6.15

Lemon Drizzle Cake (CA, VE) (482 kcal) £6.15

American Apple Pie (CA, V) (502 kcal) £9.50

Banoffee Pie (CA, V) (439 kcal) £9.50

Ice Cream and Sorbet (CA, V, GF) (409 kcal) £8.50

Fruit Salad (CA, VE, GF) (59 kcal) £9.50

### BRITISH ARTISAN CHEESES

Selection of any three/five cheeses (CA, V) (385/664 kcal) £12.00/£17.50  
(Colston Bassett Stilton, Westcombe Cheddar, Shropshire Blue,  
Ragstone and Waterloo)

### SUSTAINABILITY

The Club is dedicated to sourcing all their ingredients responsibly, supporting local and regional suppliers and selecting the best available seasonal produce where possible. Our coffee is sustainably sourced from a Fairtrade supplier, roasting small batches.

### OPENING TIMES

Monday to Friday, lunch: 12.00-2.45pm, Dinner: 6.00-10.00pm  
Saturday and Sunday: Closed.

Adults need around 2000 Kcal a day. All prices include VAT at the current rate.