

# The Brooklands Room

## A LA CARTE MENU

### FIRST COURSES

<b>English Pea and Mint Soup</b> Crème fraîche (CA, V, VE*, GF) (97 kcal)	£8.10	<b>Grilled King Prawns</b> Toasted nori and garlic butter (CA, GF) (346 kcal)	£22.35
<b>Cold Poached Salmon</b> English butter leaf salad, cucumber and herb dressing (CA, GF) (305   583 kcal)	£11.75   £22.35	<b>Seared Tuna Niçoise</b> (CA, DF, GF) (229 kcal) <b>or Grilled Jackfruit Niçoise</b> (V, GF) (258 kcal) New potatoes, green beans and olive dressing	£13.15   £25.25
<b>Duck Liver Parfait</b> Waldorf salad and warm brioche (CA, GF*) (370 kcal)	£11.45	<b>Baby Gem Leaf Caesar Salad</b> Anchovies (CA) (420   627 kcal) Add grilled fillets of chicken	£12.00   £19.75 £5.25
<b>Portwood Asparagus</b> Watercress salad with sherry dressing and hollandaise sauce (CA, V, VE*, GF) (220 kcal)	£14.00	<b>Kale, Avocado and Blue Cheese Salad</b> With toasted hazelnuts and radish (CA, V, GF) (340   547 kcal) Add grilled fillets of chicken	£9.50   £17.75 £5.25
<b>Rock Oysters</b> 3   6 Shallot vinegar and Tabasco (CA, GF) (105   210 kcal)	£14.15   £28.00	<b>Secret Smokehouse Smoked Salmon</b> Soda bread and crème fraîche (CA) (365 kcal)	£21.25
<b>Scotch Lobster Ravioli, Cherry Tomatoes and Dill</b> Lobster bisque (CA) (385   577 kcal)	£16.45   £29.15		

### MAIN COURSES

<b>Beef Tagliata Salad</b> Cherry tomatoes, rocket and Parmesan (CA) (980 kcal)	£22.50	<b>Steak Frites</b> Béarnaise sauce and watercress salad (CA, GF*) (634 kcal)	£28.45
<b>Banham Norfolk Chicken Paillard</b> Rocket, semi-dried cherry plum tomatoes and pine nut salad (CA, GF) (387 kcal)	£26.50	<b>Brooklands' Fish and Chips</b> Mushy peas and tartar sauce (CA) (818 kcal)	£28.35
<b>Sea Bream and Petit Pois à la Française</b> Jersey Royal potatoes (CA, GF) (365 kcal)	£27.00	<b>Brooklands' Salmon and Cod Cake</b> Bok choy and lobster sauce (CA) (396 kcal)	£21.35
<b>Pan-Fried Calves' Liver and Streaky Bacon</b> Mashed potatoes (CA, GF) (597 kcal)	£27.85	<b>Goan Fish and King Prawn Curry</b> Basmati rice (CA, GF) (500 kcal)	£27.85
<b>Cheeseburger</b> Celery, shallots and chilli (CA) (1019 kcal) Add bacon (218 kcal)	£18.45 £2.85	<b>Baked Cauliflower Goan Curry</b> Saffron rice (CA, VE, GF) (358 kcal)	£22.35
<b>Ploughman's Lunch</b> (CA, V) (425 kcal)	£25.50	<b>Portwood Asparagus and Champagne Risotto</b> Parmesan crisp and mascarpone cheese (CA, V*, VE*, GF) (466 kcal)	£19.50
		<b>Plant Based Burger</b> Celery, shallots and chilli (CA, VE) (919 kcal)	£18.45

### FROM THE GRILL

<b>Finest Hereford and Aberdeen Angus Cuts of Beef</b>		<b>Finest Billingsgate Fish</b>	
<b>Fillet</b> (CA, GF) (839 kcal) 180 grams	£42.70	<b>Salmon Fillet</b> (CA, GF) (784 kcal) 180 grams	£25.25
<b>Rib-Eye</b> (CA, GF) (901 kcal) 250 grams	£42.15	<b>Stone Bass</b> (CA, GF) (678 kcal)	£29.15
<b>Organic Rib Eye</b> (CA, GF) (828 kcal) 250 grams	£43.25	<b>Fish Mixed Grill</b> (CA, GF) (810 kcal)	£30.15
<b>Côte de Boeuf for two</b> (CA, GF) (1353 kcal)	£86.70	<b>Organic Salmon</b> (CA, GF) 180 grams	£30.15
<b>Vegetarian Mixed Grill</b> Jackfruit (CA, VE) (86 kcal), Halloumi (CA, V) (170 kcal), Aubergine (CA, VE, GF) (50 kcal)	£18.50	Served with grilled fennel and lemon (CA, GF) (592 kcal)	

All grills are gluten free and are served with your choice of frites or mashed potatoes and peppercorn, béarnaise or choron sauce.

### SIDE DISHES | £5.20 each

Hand Cut Chips (CA) (257 kcal) | Frites (CA) (288 kcal) | Jersey Royal Potatoes (CA, GF) (308 kcal) | New Potatoes (CA, GF) (308 kcal) | Mashed Potatoes (CA) (342 kcal) | Green Beans (86 kcal) | Grilled Tenderstem Broccoli (52 kcal) | Kale Salad (CA) (200 kcal) | Mixed Leaf Salad (CA) (115 kcal) | Kimchi Slaw (CA) (23 kcal) | Houmous, Spiced Dukkah Seeds and Pomegranate (CA) (406 kcal) | Cooked Split Pea, Chilli Shallots and Celery Salad (CA) (120 kcal)

### SUSTAINABILITY

The Club is dedicated to sourcing all their ingredients responsibly, supporting local and regional suppliers and selecting the best available seasonal produce where possible. Our coffee is sustainably sourced from a fairtrade supplier, roasting small batches.

### ALLERGIES

If you have a food allergy, intolerance or sensitivity, please speak to a member of our team upon placing your order.  
(CA) Contains Allergens, (V) Suitable for Vegetarians (plant based menu available), (VE) Suitable for Vegans,  
(DF) Dairy Free, (GF) Gluten Free (GF\*), Gluten Free on request.

Adults need around 2000 kcal a day. All prices include VAT at the current rate.

### OPENING TIMES

Monday to Friday 12 noon-10.45pm | Saturday 4.00-10.45pm | Sunday 4.00-9.45pm