

# THE FOUNTAIN

## BRASSERIE

### PLANT BASED MENU

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#### STARTERS

<b>Spiced Houmous</b> Toasted sourdough and crudités (CA, VE, GF*)(250 kcal)	£9.90
<b>Kale, Avocado and Plant Based Blue Cheese Salad</b> Toasted hazelnuts, radish and cucumber (CA, V, GF) (340 kcal)	£9.50
<b>Quinoa and Bulgur Wheat Salad</b> Wild rocket, crumbled vegan feta, toasted cashew and pomegranate with a cashew nut and mint dressing (CA, VE) (286 kcal)	£12.00
<b>Early Spring Green Salad</b> Peas, tenderstem broccoli, lambs lettuce, cucumber topped with vegan feta and toasted sunflower seeds (CA, VE, GF) (402 kcal)	£12.00

#### MAIN COURSES

<b>Penne Pasta with Pesto Sauce</b> Roasted winter vegetables (CA, VE) (500 kcal)	£18.20
<b>Plant Based Cheeseburger</b> Plant-based Cheddar, smoked mustard mayonnaise and pickled red onions (CA, VE, GF*) (975 kcal)	£17.70
<b>Beetroot, Orange and Dill Curry</b> Coconut milk, curry leaves, cardamon and cinnamon with steamed rice and poppadoms (CA, VE, GF*) (687 kcal)	£18.50
<b>Margherita Pizza</b> (CA, VE) (775 kcal)	£13.50

#### DESSERTS

<b>Golden Syrup Citrus Steamed Sponge</b> Vegan ice cream (CA, VE) (874 kcal)	£9.90
<b>Vegan Sticky Toffee Pudding</b> (CA, VE) (520 kcal)	£9.90
<b>Fresh Fruit Salad</b> With sorbet (CA, VE, GF) (180 kcal)	£6.00
<b>Selection of Sorbets and Vegan Ice Cream</b> Served with three scoops (CA, VE, GF) (299 kcal)	£6.00

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#### SUSTAINABILITY

The Club is dedicated to sourcing all their ingredients responsibly, supporting local and regional suppliers and selecting the best available seasonal produce where possible. Our coffee is sustainably sourced from a Fairtrade supplier, roasting small batches.

#### ALLERGIES

If you have a food allergy, intolerance or sensitivity, please speak to a member of our team upon placing your order.  
(CA) Contains Allergens (V) Suitable for Vegetarians (VE) Suitable for Vegans (GF) Gluten Free (GF\*) Gluten Free on request.  
Adults need around 2000 Kcal a day. All prices include VAT at the current rate.