

# The Brooklands Room

## BREAKFAST

### THE CLUBHOUSE CONTINENTAL BUFFET BREAKFAST | £23.75

**Choice of cereals:** Granola, Corn Flakes, Bran Flakes, All Bran and house muesli (CA)

With the following yogurt and milk options: Greek yogurt, whole and skimmed milk (CA)

**Super seed bircher muesli** (CA, GF\*) (466 kcal)

**Freshly baked pastries and toasted breads:** Chocolate and apple muffins, croissants, pain au chocolat, pain au raisin and Danish pastries (CA)

**Sliced seasonal fruits:** Melon, pineapple, kiwi and watermelon (CA, DF, GF)

**Fruit salad:** Grapefruit and orange segments, poached prunes and apricot (CA, DF, GF)

**Fresh berries:** Blueberries, raspberries, strawberries and blackberries (CA, DF, GF)

**Assorted deli meats and cheeses:** Salami, Wiltshire ham, Serrano ham, mortadella and Cheddar cheese (CA, GF)

**A selection of cold smoked and hot smoked salmon** (CA, DF, GF)

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### THE CLUBHOUSE GREAT BRITISH BREAKFAST | £32.75

Combination of Continental and one of the following:

**Organic porridge:** Made with milk or water (CA, DF\*, GF) (314 or 132 kcal)

**Selection of toast** (CA, DF\*, GF\*) (352 kcal)

**Two free range eggs:** Poached, fried, scrambled or boiled (CA, DF\*, GF) (150, 330, 314 or 150 kcal)

With your choice of the following:

**Grilled home cured back bacon and streaky bacon** (CA, DF, GF) (218 kcal)

**Cumberland sausage and black pudding** (CA) (440 and 178 kcal)

**Roasted vine tomatoes, roasted field mushrooms, fried bread, hash browns and baked beans** (CA) (478 kcal)

OR

**Full English breakfast with two free range eggs:** Poached, fried, scrambled or boiled (CA) (915 kcal) £18.45

**Secret Smokehouse smoked salmon with scrambled eggs on a toasted English muffin** (CA, DF\*, GF\*) (659 kcal) £18.45

**Avocado, toasted sourdough, poached eggs, confit tomatoes and fried chilli corn** (CA, V) (528 kcal) £17.20

**Eggs Benedict:** Ham, poached eggs and hollandaise sauce (CA) (871 kcal) £18.45

**Buttermilk pancakes with home cured bacon and maple syrup or coconut yoghurt and berries** (CA, GF\*) (587 or 496 kcal) £17.20

**Locally smoked kipper** (CA, GF\*) (731 kcal) £17.20

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### Teas, coffee, matcha tea and hot chocolate

Choose from the following milk options: wholemilk, almond, coconut, soya, hazelnut and oat milk (CA)

**Juices:** Fresh orange, grapefruit, pressed Cox's apple or cranberry (CA, DF, GF)

**Green smoothie** (CA, DF, GF) (62 Kcal)

### SUSTAINABILITY

The Club is dedicated to sourcing all their ingredients responsibly, supporting local and regional suppliers and selecting the best available seasonal produce where possible. Our coffee is sustainably sourced from a fairtrade supplier, roasting small batches.

### ALLERGIES

If you have a food allergy, intolerance or sensitivity, please speak to a member of our team upon placing your order.

(CA) Contains Allergens, (V) Suitable for Vegetarians, (VE) Suitable for Vegans, (DF) Dairy Free,

(DF\*) Dairy Free on request, (GF) Gluten Free, (GF\*) Gluten Free on request.

Adults need around 2000 Kcal a day. All prices include VAT at the current rate.