

# SPIKE BAR

## SEASONAL DESSERT MENU

12 noon - 4.00pm

### DESSERTS

**TARTE TATIN (CA, V) | £7.30**  
Vanilla Ice Cream (895 Kcal)

**VANILLA CHEESECAKE (CA, V) | £7.50**  
Mandarin compote (640 Kcal)

**CHOCOLATE POT (CA, V) | £7.50**  
Mango sorbet (467 Kcal)

**STICKY TOFFEE PUDDING (CA, V) | £7.50**  
Vanilla ice cream (638 Kcal)

**CONTINENTAL CHEESE SELECTION (CA, V) | £9.50**  
Biscuits, grapes and walnuts (979 Kcal)

**DAIRY ICE CREAMS/SORBETS (CA)**  
Rum and raisin, cinnamon, stem ginger, chocolate, vanilla,  
strawberry, coffee, strawberry sorbet, raspberry sorbet, mango sorbet  
3 scoops | **£4.20**  
2 scoops | **£3.05**  
1 scoop | **£1.55**

### BAKERY

**TOASTED TEACAKE (CA, V) (329 Kcal) | £1.50**

**CAKES OF THE DAY (CA, V) (350 Kcal) | £1.95**

#### SUSTAINABILITY

The Club is dedicated to sourcing all their ingredients responsibly, supporting local and regional suppliers and selecting the best available seasonal produce where possible. Our coffee is sustainably sourced from a Fairtrade supplier, roasting small batches.

#### ALLERGIES

If you have a food allergy, intolerance or sensitivity, please speak to a member of our team upon placing your order.  
(CA) Contains Allergens, (V) Suitable for Vegetarians, (VE) Suitable for Vegans, (GF) Gluten Free, (GF\*) Gluten Free on request.  
Adults need around 2000 Kcal a day. All prices include VAT at the current rate.