

# SPIKE BAR

## SEASONAL MENU

12 noon - 5.00pm

### STARTERS

**SALMON TERRINE (CA) | £11.00**

Pickled cucumber, chive crème fraîche (385 Kcal)

**CREAM OF PUMPKIN SOUP (CA, V) | £8.00**

Styrian pumpkin seed oil and sourdough (475 Kcal)

**BEETROOT AND GOATS' CHEESE RAVIOLI (CA, V) | £11.00**

Parmesan, beetroot purée (545 Kcal)

**CHICKEN LIVER PARFAIT (CA, GF) | £11.00**

Toasted sourdough, peach and apricot chutney (495 Kcal)

### MAINS

**CHICKEN TERIYAKI (CA) | £21.00**

Oriental vegetable and teriyaki sauce (693 Kcal)

**GRILLED SCOTTISH SALMON (CA) | £21.00**

Tagliatelle, bisque cream and keta caviar (550 Kcal)

**BEEF BOURGUIGNON (CA) | £23.00**

Roasted winter vegetables and creamed mash (650 Kcal)

**GNOCCHI (CA, V) | £18.50**

Mediterranean vegetables and parmesan (720 Kcal)

#### SUSTAINABILITY

The Club is dedicated to sourcing all their ingredients responsibly, supporting local and regional suppliers and selecting the best available seasonal produce where possible. Our coffee is sustainably sourced from a Fairtrade supplier, roasting small batches.

#### ALLERGIES

If you have a food allergy, intolerance or sensitivity, please speak to a member of our team upon placing your order.

(CA) Contains Allergens, (V) Suitable for Vegetarians, (VE) Suitable for Vegans, (V\*) Vegetarian on request, (GF) Gluten Free, (GF\*) Gluten Free on request. Adults need around 2000 Kcal a day. All prices include VAT at the current rate.