

# THE FOUNTAIN

## BRASSERIE

### PLANT BASED MENU

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#### STARTERS

<b>Spiced Houmous</b> (CA, VE, GF*) Toasted sourdough and crudités (250 Kcal)	£9.50
<b>Courgette Soup</b> (CA, VE, GF) Lemon and oat crème fraîche (426 Kcal)	£7.50
<b>Grilled Artichoke Salad</b> (CA, VE, GF) Spinach, green lentil, radish, green pesto and toasted pine nut (381 Kcal)	£11.00
<b>Beetroot Carpaccio</b> (CA, VE, GF) Rocket, orange and vegan blue cheese salad with toasted walnut and balsamic dressing (CA, VE, GF) (544 Kcal)	£12.00

#### MAIN COURSES

<b>Penne Pomodoro Pasta</b> (CA, VE) Grilled vegetables and baby spinach (500Kcal)	£17.50
<b>Plant Based Cheeseburger</b> (CA, VE, GF*) Plant-based Cheddar, smoked mustard mayonnaise and pickled red onions (975 kcal)	£17.00
<b>Charred Crown Prince Curry</b> (CA, VE, GF*) Coconut rice, naan bread and toasted pumpkin seeds (489 Kcal)	£17.50
<b>Margherita Pizza</b> (CA, VE) (775 Kcal)	£13.00

#### DESSERTS

<b>Golden Syrup Citrus Steamed Sponge</b> (CA, VE) Vegan ice cream (874 Kcal)	£9.50
<b>Vegan Sticky Toffee Pudding</b> (CA, VE) (520 Kcal)	£9.50
<b>Fresh Fruit Salad</b> (CA, VE, GF) With sorbet (180 Kcal)	£5.75
<b>Selection of Sorbets and Vegan Ice Cream</b> (CA, VE, GF) Served with three scoops (299 Kcal)	£5.75

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#### SUSTAINABILITY

The Club is dedicated to sourcing all their ingredients responsibly, supporting local and regional suppliers and selecting the best available seasonal produce where possible. Our coffee is sustainably sourced from a Fairtrade supplier, roasting small batches.

#### ALLERGIES

If you have a food allergy, intolerance or sensitivity, please speak to a member of our team upon placing your order.  
(CA) Contains Allergens (V) Suitable for Vegetarians (VE) Suitable for Vegans (GF) Gluten Free (GF\*) Gluten Free on request.  
Adults need around 2000 Kcal a day. All prices include VAT at the current rate.