



SPIKE BAR

FRENCH A LA CARTE MENU

12 noon - 5.00pm

STARTERS

SOUPE AU PISTOU (CA, V, GF) | £8.00

Vegetable and bean soup with pistou sauce (352 Kcal)

TERRINE DE SAUMON (CA) | £12.00

Chive crème fraîche (385 Kcal)

SALADE DE CHÈVRE CHAUD (CA, V, GF) | £10.00

Mixed leaf salad, red onion, olives, oregano, sun dried tomatoes with honey and mustard dressing (427 Kcal)

ASSIETTE DE POISSON (CA, GF) | £14.00

Salmon terrine, Marie Rose prawns, crevette, baby leaf salad, cucumber, beetroot and lemon dressing (329 Kcal)

MAINS

DARNE DE SAUMON GRILLÉ (CA) | £21.00

Roast new potatoes, French beans and hollandaise sauce (865 Kcal)

CONFIT DE CANARD (CA, GF) | £24.00

Slow cooked duck leg, Puy lentils and jus (691 Kcal)

SUPRÊME DE VOLAILLE WITH SAUCE FORESTIÈRE (CA, GF) | £20.00

Grilled chicken, wild mushroom sauce and pilaf rice (595 Kcal)

RATATOUILLE (CA, V) | £18.50

Baked with orzo pasta a goat's cheese topping (688 Kcal)

SUSTAINABILITY

The Club is dedicated to sourcing all their ingredients responsibly, supporting local and regional suppliers and selecting the best available seasonal produce where possible. Our coffee is sustainably sourced from a Fairtrade supplier, roasting small batches.

ALLERGIES

If you have a food allergy, intolerance or sensitivity, please speak to a member of our team upon placing your order.

(CA) Contains Allergens, (V) Suitable for Vegetarians, (VE) Suitable for Vegans, (V*) Vegetarian on request, (GF) Gluten Free, (GF*) Gluten Free on request. Adults need around 2000 Kcal a day. All prices include VAT at the current rate.