

The Brooklands Room

BREAKFAST

THE CLUBHOUSE CONTINENTAL BREAKFAST | £22.75

Juices: Fresh orange, grapefruit, pressed Cox's apple or cranberry (CA, DF, GF)

Green smoothie (62 Kcal)(CA, DF, GF)

Choice of yoghurt or cereals: Fruit compote, prunes and fresh fruit salad (CA, DF*, GF*)(387 and 59 Kcal)

Choice of cereals: Wholemilk, almond, coconut, soya, hazelnut and oat milk (208 Kcal)

Super seed bircher muesli (CA, GF*) (466 Kcal)

Organic porridge: Made with milk or water (CA, DF*, GF*) (314 or 132 Kcal)

Freshly baked pastries and toasted breads (CA) (407 Kcal)

Teas, coffee, matcha tea and hot chocolate

Choose from the following milk options: wholemilk, almond, coconut, soya, hazelnut and oat milk

THE CLUBHOUSE GREAT BRITISH BREAKFAST | £31.50

Combination of Continental and one of the following:

Two free range eggs: Poached, fried, scrambled or boiled (CA, DF*, GF) (150, 330, 314 or 150 Kcal)

With your choice of the following:

Grilled home cured back bacon and streaky bacon (CA, DF, GF) (218 Kcal)

Cumberland sausage and black pudding (CA) (440 and 178 Kcal)

Roasted vine tomatoes, roasted field mushrooms, fried bread, hash browns and baked beans (CA) (478 Kcal)

OR

Full English breakfast with two free range eggs: Poached, fried, scrambled or boiled | **£17.75** (CA) (915 Kcal)

Secret Smokehouse smoked salmon with scrambled eggs on a toasted English muffin | **£17.75** (CA, DF*, GF*) (659 Kcal)

Avocado, toasted sourdough, poached eggs, confit tomatoes and fried chilli corn | **£16.50** (CA, V) (528 Kcal)

Eggs Benedict: Ham, poached eggs and hollandaise sauce | **£17.75** (CA) (871 Kcal)

Buttermilk pancakes with home cured bacon and maple syrup or coconut yoghurt and berries | **£16.50** (CA, GF*) (587 or 496 Kcal)

Locally smoked kipper | **£16.50** (CA, GF*) (731 Kcal)

EARLY BIRD BREAKFAST | £10.50

Available 6.30-8.30am Monday to Friday

Tea or coffee and orange Juice

Croissant or toast with butter and preserves or cereal with milk (CA) (135 or 325 and 78 or 208 Kcal)

Choose from the following milk options: wholemilk, almond, coconut, soya, hazelnut and oat milk

SUSTAINABILITY

The Club is dedicated to sourcing all their ingredients responsibly, supporting local and regional suppliers and selecting the best available seasonal produce where possible. Our coffee is sustainably sourced from a fairtrade supplier, roasting small batches.

ALLERGIES

If you have a food allergy, intolerance or sensitivity, please speak to a member of our team upon placing your order. (CA) Contains Allergens, (V) Suitable for Vegetarians, (VE) Suitable for Vegans, (DF) Dairy Free, (GF) Gluten Free, (GF*) Gluten Free on request.

Adults need around 2000 Kcal a day. All prices include VAT at the current rate.