



## **Tanya Clarke**

### **Advanced Soft Tissue Treatment Therapist**

Tanya specialises in the treatment, management and rehabilitation of injuries and has gained a wealth of experience working with children and adults in a diversity of sports at all levels including golf, tennis, cricket, squash, gymnastics and dance.

As well as treating injuries, Tanya also devises exercise programmes for pre/post operation and offers diet and nutritional advice and assessment.

Qualifications include:

Sports Massage Certificate  
Diploma in Treatment & Management of Sports Injuries  
B.Ed Hons Physical Education  
Sports Nutrition / Exercise for Fat loss Certificate  
Fitness Instructor Certificates  
Hot Stone Massage Diploma  
Kinesiology/ Sports Taping/ Hydrotherapy