



Fenia Sukiennik

Massage Therapist

Having always been passionate about the benefits of massage Fenia incorporated her education in physiotherapy (Bachelor's Degree in Physiotherapy) with massage therapy to help patients suffering from musculoskeletal pains.

During her 20 years as a therapist, Fenia has gained a substantial amount of first hand experience that allows her to assess your symptoms quickly and apply the most effective treatment. Her experience enables me to localise the pain and work on the affected muscles.

The effect is often visible after the first treatment with continued treatment over a short period usually clearing up the symptoms.

Treatments:

- Deep tissue massage
- Pregnancy massage
- Cupping therapy
- Meridian stretch massage
- Indian head massage
- Lymphatic drainage
- Sports therapy pain management