



Heather Campbell

Massage Therapist and Aromatherapist

Heather began working with Aromatherapy Associates in 1987, then went freelance and built up a clientele in London.

She started working at the Hurlingham Club, London in 1993 and still works there on a part-time basis.

Heather has formulated her own blend of aromatherapy oils to suit individual needs. Aromatherapy treatments are a relaxing or stimulating, pressure point massage incorporating aromatherapy oils. The oils are specially formulated to help with insomnia, relieve muscular aches and pains, protect against infection, promote energy in the body, stimulate circulation and enhance a sense of wellbeing.

Aromatherapy Consultation Treatment

This is an initial treatment, necessary for all new clients and provides an introduction to aromatherapy and the properties of essential oils. The first treatment will include a review of your relevant medical history, then a top-to-toe aromatherapy massage using the appropriate essential oils.