

## **Philip Kee**

## **Massage Therapist**

The Kee Technique massage treatment is extremely beneficial to people leading busy lifestyles.

Philip has been treating

clients for over 20 years, using a combination of Swedish, Oriental and Shiatsu (a Japanese form of acupressure) and some deep tissue techniques.

Therapeutic massage can help if you suffer from the below:

- Tight or strained muscles
- Neck, shoulder, and lower back pains Insomnia, jet lag or repetitive strain injury
- · Seeking pain reduction for spinal issues
- · Seeking mental relaxation and optimal wellbeing