



Sam Gamil

Sports and Deep Tissue Massage Therapist

Sam is a former Table Tennis champion, with a strong passion for working with people, particularly helping with injuries and stubborn muscle issues.

With his sporting background, his knowledge of the body and massage techniques are outstanding.

Originally from Egypt, Sam's training began in 2002 and when he came over to England in 2012 he added to his skills by qualifying in deep tissue, acupuncture and sports massage.

After two enjoyable years in Suffolk, he moved to London and joined the Club in April 2014.